Lake Washington Sailing Club

West Sacramento, California



Summer Junior Sailing Camps

Every summer, Lake Washington Sailing Club provides eight weeks of Junior Summer Sailing Camp and Advanced/Racer training.



Learn-to-Sail Junior Camp: This course teaches the basic sailing technique, terminology, and theory. It is designed for young children and those who have little or no sailing experience. The morning Learn-to-Sail classes are scheduled from 9:00 to 12:00, Monday through Friday. Your child can sign up for one session or continue sailing for the whole summer!

Junior Summer Racing Program: This program is for juniors who have two or more seasons of experience sailing and feel comfortable racing in close quarters against others. The participants work on racing skills such as tuning, starting, tactics, and advanced boat-handling.

JSRP is held on Monday and Wednesdays from 4:00 to 7:00pm. Participants in this class are also encouraged to compete in LWSC and BAYS (Bay Area Youth Sailing) regattas throughout the summer.



Minimum/ Maximum Enrollment Policy: Class minimum size is three students enrolled by the Friday preceding the week of class. Class sizes are limited to a maximum size of twelve students.

Safety Requirements: All campers must be able to complete a swim test on the first day of class and must wear PFDs (Personal Flotation Devices) while on the docks, in boats, or swimming.

What to bring: Campers should bring the following gear to class:

- Aquatic shoes
- Towel
- Sunblock
- Water
- Snacks

- Swim Suit
- Spare clothes
- Hat
- Sunglasses w/ strap
- Snack-money

Driving Directions: LWSC is located at the southern end of Harbor Boulevard, just off Industrial Boulevard. For complete driving directions, <u>click this link.</u>

Sailing Camp Staff: Our sailing camp staff is made of experienced sailors and US Sailing Certified instructors. An adult LWSC volunteer also serves as a shoreside supervisor during camps.

The *Lake Washington Sailing Club* is an association of individuals and boat owners interested in small boat sailing and racing. We are an independent club licensed by the Port of Sacramento. Our Club facility are located at the Port of Sacramento at the South end of Harbor Blvd. Lake Washington Sailing Club has the most consistent winds among the sailing venues nearest Sacramento.

