

Lake Washington Sailing Club 2023 Mid-Winter Series Sailing Instructions

1. Rules: Races will be governed by the 2021-2024 Racing Rules of Sailing and as modified by these Sailing Instructions.
2. Rule 44.1 - The Two-Turns Penalty is modified to a One-Turn Penalty (1 tack and 1 gybe).
 - 2.1. PFDs: All participants are required to wear a personal floatation device while on the water.
 - 2.2. Bowline/Painter: Every participating boat must have an attached bowline for the purpose of towing.
 - 2.3. Decision to sail: Each participant is responsible to sail in a safe manner and to make the decision as to whether the conditions are safe to compete.
3. Entries: All participants must have submitted their entry form and payment prior to starting any races.
4. Classes and Divisions:
 - 4.1. One Design Classes: One-design classes having 3 or more entries will be scored separately as a class.
5. Skippers' Meeting: No skippers meeting will be held. Direct your questions to the fleet captain or a race committee member. Changes to the Sailing Instructions (SI) will be announced prior to racing. SI and course sheet can be found and printed at www.lwsailing.org / Community / Documents.
6. First Warning: The first warning will be *around* 1 pm. No warning signal will be made after 4:00pm.
7. Postponements/Signaling: Postponement and first warning announcement will be communicated verbally by race committee.
8. Marks: The marks used for each day may vary. Consult race committee for clarification.
9. Start/Finish Line: The Start/ Finish line will be between a regular mark and a flag on the committee boat. *Just like Thursday nights, the start/finish line is not restricted.*
10. Starting Sequence: After announcing course to sail, race committee will raise a hand and vocally count down from 5. When they lower their hand at 0, the 3 minute sequence will start for that race. As an option, race committee may use horns, whistles, flags or sound system unit (Ollie box).
11. Class Flags: No class flags will be used.
12. Mark rounding: All marks will be rounded to port.
13. Courses: Course to be sailed will be announced prior to starting. *The race committee may use number pennants or verbally announce the course to sail. For midwinter racing there are only four courses:*
 1. *One windward/leeward lap – start, windward, leeward, finish.*
 2. *Two windward/leeward laps – start, windward, leeward, windward, leeward, finish.*
 3. *Triangle – start, windward, reaching mark, leeward, finish.*

4. *Olympic (triangle-sausage) – start, windward, reaching, leeward, windward, leeward, finish.*

14. Recalls: Each sailor is responsible for knowing if they are OCS and properly restarting if necessary. Race committee will attempt to hail sailor(s) over early.

15. Finishing Time Limit: Each boat must finish within 15 minutes of the first finisher to avoid being scored DNF.

16. Abandonment: The race committee will verbally announce abandonment.

17. Number of Races: Up to 5 races will be sailed each day.

20. Scoring: The RRS Appendix A low point scoring will be used. There will be 1 throw-out for every 5-race day. Entrants will be scored DNS for any races they did not start.

21. **Protests**: Protests are encouraged. Class rules will be relaxed to promote club level racing and to encourage new sailors to learn to race.

Protests will be handled using the following steps:

- Inform the RC at the finish line signal boat of their intention to file a protest and identify the boat(s) they intend to protest.
- Protest forms will be available in the clubhouse.
- As soon as possible but no later than Sunday 12:00 PM complete the protest form and email it to lwsail.sailingofficer@gmail.com. If you are unable to scan then take a cell phone picture and email it.
- All parties will be notified of a date and time of a hearing (which may be held via Zoom) to be held at a time convenient for all parties & judges during the week following the regatta.

22. Trophies: Daily Trophies are awarded at the conclusion of each day's racing. Series Trophies will be awarded at the end of the series. **Special "IronPerson" Awards will be conferred upon racers who participate in all four fleets at least three race days.**