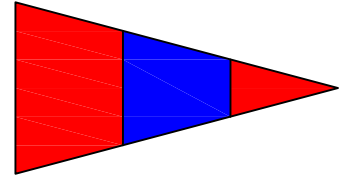


Learn to Sail



2008 Summer Sailing Program

Lake Washington Sailing Club invites all aspiring sailors to join our 2008 "Learn To Sail" Program. The program includes various levels of instruction in 8 to 14 foot dingys with all classes located at the Lake Washington Sailing Club. All of our instructors are experienced sailors. They are also members of the club who volunteer their time to help keep the cost as low as possible and are committed to introducing everyone to this exciting sport by emphasizing and encouraging fun and safety on the water.

All of our Learn to Sail classes are open to the Public. Club membership is not required.



Adult Beginning Sailing

A 4 class introduction to sailing for those with little or no small boat sailing experience. Taught in 8' Sabots and Lido 14s. The class covers rigging, parts of the boat, basic boat handling and seamanship, points of sail, capsize recovery, Safety, Knots, Weather, "Rules-of-the-Road" and Tides & Currents. Emphasis is towards "On-the-Water" experience practicing within the protected LWSC Cove. As students acquire skills, they will progress to practicing in Lake Washington . A graduate should gain all the skills necessary to confidently and safely continue their sailing experience, either on their own or in advanced sailing classes.

May, 19-22 6:00p.m.-9:00p.m \$125

Youth Beginning Sailing (10-17 years old)

A 3 class introduction to sailing for those with little or no small boat sailing experience. Taught in 8' Sabots . The class covers rigging, parts of the boat, basic boat handling and seamanship, points of sail, capsize recovery, Safety, Knots, Weather, "Rules-of-the-Road" and Tides & Currents. Emphasis is towards "On-the-Water" experience practicing within the protected LWSC Cove. As students acquire skills, they will progress to practicing in Lake Washington . A graduate should gain all the skills necessary to confidently and safely continue their sailing experience, either on their own or in advanced sailing classes.

July 10,17,24 1:30p.m.- 4:30p.m \$75 and \$50 for additional brothers or sisters.



All students must meet the following requirements:

Be at least 10 years old

Be able to swim 50 yards with a PFD on and tread water

Should bring a change of cloths. Expect to get wet!

**Where: At the Port of Sacramento Lake Washington Sailing Club
Drive Harbor Blvd. South from Interstate 80 in West Sacramento. Turn Right on
Industrial Blvd. & follow the signs to LWSC.**

Lake Washington Sailing Club

For information about our club: Visit our Web site at www.lwsailing.org

For more information contact our Sailing Officer, Roy Pitts at 530-908-7160

Lessons Registration-Lake Washington Sailing Club-2008

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Expect to get wet!

All students must meet the following requirements:

- Be at least 10 years old
- Be able to swim 50 yards with a PFD on and tread water

_____ ADULT SAILING: 4 class introduction to sailing for those with little or no small boat sailing experience. Taught in 8' Sabots and Lido 14s. May 19, 20, 21, 22 6:00p.m. - 9:00p.m \$125, additional adult \$100

_____ Youth Beginning Sailing (10-17 years old): A 3 class introduction to sailing for those with little or no small boat sailing experience. Taught in 8' Sabots . July 10,17,24 1:30p.m.- 4:30p.m \$75; \$50 for each additional brother or sister.

Registration for sailing lessons:

Students name: _____

Contact email:_____

Street _____ City _____ Zip _____

Phone: Home (_____) _____ Cell (_____) _____ Work (_____) _____

Parent's Name if student is younger than 18 years old _____

Fees (Please register early as classes are limited)

Adult	\$125 _____
Additional adult	\$100 _____
Child	\$ 75 _____
Total	\$ _____

Please make checks payable to: Lake Washington Sailing Club. Mail to P.O. Box 980546 West Sacramento, CA. 95798

Cancellation Policy: Before 14 days of class start, full refund. From 14 days to when class starts, \$20 fee. No refunds from first day of class.