

**Lake Washington Sailing Club
Junior Sailing Camp
Registration Form**

WAIVER AND RELEASE

The undersigned acknowledges that the sport of sailing in which he/she has entered is dangerous and assumes all risk of accident, loss of property or loss of life. The undersigned acknowledges that the decision to engage in the sport of sailing, and/or sailing instruction or any other activity received from the Lake Washington Sailing Club, its members, employees, and volunteers, is the sole and exclusive responsibility of the undersigned. In consideration of the acceptance of this application, the undersigned hereby releases and forever discharges the Lake Washington Sailing Club, its directors, officers, members, employees and volunteers, the City of West Sacramento and the Port of West Sacramento and its elected officials, directors, employees, and volunteers, from liability for any and all loss, damage, or injury to person or property resulting from his/her participation in the 2016 Junior Sailing Camp at Lake Washington Sailing Club. The undersigned agrees to be bound by the Racing Rules of Sailing, Inland Rules of the Road, and by all other rules that govern this event.

Furthermore, the participant's parent/guardian certifies that the participant is a competent swimmer and is capable of swimming unassisted for at least 50 feet in open water and treading water for 5 minutes.

Participant's Signature: _____

Date: _____

Parent's Signature(if minor): _____

Date: _____

Camper's Name: _____

Birthday: _____ Age: _____

Please indicate camp week(s) #: _____

Circle Level: Learn-to-Sail Advanced/Racer

Parent/Guardian: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Email: _____

Address: _____

City: _____

State, Zip: _____

- Please complete a Registration Form and Waiver for each child and mail with \$100 per session per child to:
 LWSC Junior Sailing Camps
 c/o George Biery
 673 39th St.
 Sacramento, CA 95816
- Please make check payable to: **Lake Washington Sailing Club**.
- All camps must be paid in full by the Friday prior to the week enrolled.
- There are no refunds unless a camp is cancelled due to minimum enrollment or in case of medical emergency.

**Lake Washington
Sailing Club**



Summer 2016

Junior

Learn-to-Sail Camps

and

Racing Program

For more information, contact: George Biery
gmbiery@pacbell.net
(916) 201-4885

Lake Washington Sailing Club Junior Sailing Camps

The 2016 LWSC Junior Summer Camps are designed for children age 8-18. There are two class levels.



Learn-to-Sail Junior Camp: This course teaches the basic sailing technique, terminology, and theory. It is designed for children who have little or no sailing experience. The morning Learn-to-Sail classes are scheduled from 9:00 to 12:00 and the afternoon Learn-to-Sail classes are from 1:00 to 4:00. Your child can sign up for one session or spend the whole day sailing!

Junior Summer Racing Program: This program is for juniors who have two or more seasons of experience sailing and feel comfortable racing in close quarters against others. The participants work on racing skills such as starting, tactics, and advanced boathandling. **JSRP** is held on Monday and Wednesdays from 4:00 to 7:00. This is a continuous class that meets from May 16 to July 27. New sailors are welcome at any time and the cost is prorated. Participants in this class are also encouraged to compete in LWSC and BAYS (Bay Area Youth Sailing) regattas throughout the summer.



Cost: Each three-day Learn-to-Sail session costs \$100 per person. AM/PM sessions are \$200 per person. The Junior Summer Racing Program costs \$300 for the whole session. Payments and release/information forms are required on the Friday prior to the first day of camp.

Minimum/ Maximum Enrollment Policy:

Class minimum size is three students enrolled by the Friday preceding the week of class. Class sizes are limited to a maximum size of ten students.



Safety Requirements: All campers must be able to complete a swim test on the first day of class and must wear PFDs (Personal Flotation Devices) while on the docks or in boats.

What to bring:

Campers should bring the following gear to class:
 Aquatic shoes
 Towel
 Sunblock
 Water
 Snacks
 Swim Suit
 Spare clothes
 Hat
 Sunglasses w/ strap



Driving Directions: LWSC is located at the southern end of Harbor Boulevard, just off Industrial Boulevard. For complete driving directions, please visit www.LWSailing.org and click on "Club Info."

Camp Session Dates

Week #	Dates
1	June 14, 15, 16
2	June 21, 22, 23
3	June 28, 29, 30
4	July 12, 13, 14
5	July 19, 20, 21
6	July 26, 27, 28
7	August 2, 3, 4
8 Row/Sail	August 8-12 9:00am to 4:00pm

Sailing Camp Staff: Our sailing camp staff is made of experienced sailors and US Sailing Certified instructors. An adult LWSC volunteer also serves as a shoreside supervisor during camps.



The *Lake Washington Sailing Club* is an association of individuals and boat owners interested in small boat sailing and racing. We are an independent club licensed by the Port of Sacramento. Our Club facility are located at the Port of Sacramento at the South end of Harbor Blvd. Lake Washington Sailing Club has the most consistent winds among the sailing venues nearest Sacramento.