



# Adult Introduction to Sailing Clinic 2016



Learn to sail in a supportive and safe environment. LWSC sailors lead this fun and informal class where you will learn:

- Basic on the water sailing
- Water safety
- Boating rules of the road
- Sailing terminology
- Rigging and basic knots
- Capsize recovery
- and much more ...

## Schedule:

**Day 1:** July 15, 6 - 8 pm  
Dryland training, terminology and safety

**Day 2:** July 16, 10 am - 4 pm  
On the water - rigging and sailing basics, capsizes recovery drill

**Day 3:** July 17, 10 am - 4 pm  
On the water sailing basics

## Event Fee:

**Members** \$75.00 (includes book)

**Nonmembers** \$100.00 (includes book)

Class size limited. LWSC members receive registration preference.

## Location:

All classes held at Lake Washington Sailing Club.

