



Women's Introduction to Sailing Clinic 2015



Learn to sail in a supportive and safe environment. LWSC women sailors lead this fun and informal class where you will learn:

- Basic on the water sailing
- Water safety
- Boating rules of the water
- Sailing terminology
- Rigging and basic knots
- Capsize recovery
- and much more ...

Schedule:

Day 1: May 28, 6 - 8:00 pm
Dryland training, terminology and safety

Day 2: May 30, 10 am - 4 pm
On the water - rigging and sailing basics, capsized recovery drill

Day 3: May 31, 10 am - 4 pm
On the water sailing basics

Event Fee:

Members \$75.00 (includes book)

Nonmembers \$100.00 (includes book)

Class size limited. LWSC members receive registration preference.

Location:

All classes held at Lake Washington Sailing Club.

