

**Lake Washington Sailing Club  
Junior Sailing Camp  
Registration Form**

**WAIVER AND RELEASE**

The undersigned acknowledges that the sport of sailing in which he/she has entered is dangerous and assumes all risk of accident, loss of property or loss of life. The undersigned acknowledges that the decision to engage in the sport of sailing, and/or sailing instruction or any other activity received from the Lake Washington Sailing Club, its members, employees, and volunteers, is the sole and exclusive responsibility of the undersigned. In consideration of the acceptance of this application, the undersigned hereby releases and forever discharges the Lake Washington Sailing Club, its directors, officers, members, employees and volunteers, the City of West Sacramento and the Port of West Sacramento and its elected officials, directors, employees, and volunteers, from liability for any and all loss, damage, or injury to person or property resulting from his/her participation in the 2013 Junior Sailing Camp at Lake Washington Sailing Club. The undersigned agrees to be bound by the Racing Rules of Sailing, Inland Rules of the Road, and by all other rules that govern this event.

**Furthermore**, the participant's parent/guardian certifies that the participant is a competent swimmer and is capable of swimming unassisted for at least 50 feet in open water and treading water for 5 minutes.

Participant's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature(if minor): \_\_\_\_\_

Date: \_\_\_\_\_

Camper's Name: \_\_\_\_\_

Birthday: \_\_\_\_\_ Age: \_\_\_\_\_

Please indicate camp week(s) #: \_\_\_\_\_

Circle Level:    Learn-to-Sail    Advanced/Racer

Parent/Guardian: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, Zip: \_\_\_\_\_

- Please complete a Registration Form and Waiver for each child and mail with \$100 per session per child to:  
    LWSC Junior Sailing Camps  
    c/o George Biery  
    673 39<sup>th</sup> St.  
    Sacramento, CA 95816
- Please make check payable to: **Lake Washington Sailing Club**.
- All camps must be paid in full by the Friday prior to the week enrolled.
- There are no refunds unless a camp is cancelled due to minimum enrollment or in case of medical emergency.

**Lake Washington  
Sailing Club**



**Summer 2015**

**Junior**

**Learn-to-Sail Camps**

*and*

**Advanced/Racer Camps**

For more information, contact: George Biery

[gmbiery@pacbell.net](mailto:gmbiery@pacbell.net)

(916) 201-4885

## Lake Washington Sailing Club Junior Sailing Camps

The 2014 LWSC Junior Summer Camps are designed for children age 8-18. There are two class levels.



**Learn-to-Sail:** This course teaches the basic sailing technique, terminology, and theory. It is designed for children who have little or no sailing experience. Learn-to-Sail classes are scheduled in the morning from 9:00-12:00 so the temperatures are cooler and the winds are lighter. Since we keep class sizes small, this class can be repeated.

**Advanced Sailor/Racer:** This class is for children who have two or more seasons of experience sailing and feel comfortable racing in close quarters against others. The participants work on racing skills such as tuning, starting, tactics, and advanced boathandling in two-person race boats. Advanced/Racer camp runs from 1:00 to 4:00 pm. Participants in this class are also invited to compete in BAYS (Bay Area Youth Sailing) regattas throughout the summer.

**Cost:** Each three-day session costs \$100 per person. Payments and release/information forms are required on the Friday prior to the first day of camp.



## Minimum/ Maximum Enrollment Policy:

Class minimum size is three students enrolled by the Friday preceding the week of class. Class sizes are limited to a maximum size of ten students.



**Safety Requirements:** All campers must be able to complete a swim test on the first day of class and must wear PFDs (Personal Flotation Devices) while on the docks or in boats.

## What to bring:

Campers should bring the following gear to class:

- Aquatic shoes
- Towel
- Sunblock
- Water
- Snacks
- Swim Suit
- Spare clothes
- Hat
- Sunglasses w/ strap



**Driving Directions:** LWSC is located at the southern end of Harbor Boulevard, just off Industrial Boulevard. For complete driving directions, please visit [www.LWSailing.org](http://www.LWSailing.org) and click on "Club Info."

## Camp Session Dates

Week #	Dates
1	June 16, 17, 18
2	June 23, 24, 25
3	July 7, 8, 9
4	July 14, 15, 16
5	July 21, 22, 23
6	July 28, 29, 30
7	August 4, 5, 6
*** 8 ***	August 10 - 14

**Special Session – Week 8!** For 2015 we will be running a joint camp with River City Rowing Club for the whole week of August 10 – 14. The camp will be held from 9:00 am to 5:00 pm. During the morning campers will be taught paddling sports – rowing, kayaking, and canoeing – by RCRC staff. After lunch will be the LWSC Sailing Camp.



**Sailing Camp Staff:** Our sailing camp staff is made of experienced sailors and US Sailing Certified instructors. An adult LWSC volunteer also serves as a shoreside supervisor during camps.

The *Lake Washington Sailing Club* is an association of individuals and boat owners interested in small boat sailing and racing. We are an independent club licensed by the Port of Sacramento. Our Club facility are located at the Port of Sacramento at the South end of Harbor Blvd. Lake Washington Sailing Club has the most consistent winds among the sailing venues nearest Sacramento.