

Lake Washington Sailing Club  
**Sailing Instructions for 2013 Turkey Shoot Regatta**

**1.0 Rules**

1.1 The regatta will be governed by the rules as defined in the 2013-2016 Racing Rules of Sailing.

1.2 The Racing rules will be changed as follows:

44.1 - The two-turn penalty is modified to a one-turn penalty (one tack and one gybe).

A4 - A boat starting later than 3 minutes after her starting signal will be scored DNS

35 - Boats failing to finish within 20 minutes after the first boat in their class sails the course and finishes will be scored DNF.

**2.0 Registration:** Registration must be completed by the end of the registration period (10:00 a.m. November 9, 2013 at LWSC Clubhouse).

**3.0 Notices to Competitors:** Notices to competitors will be posted on the official notice board located outside the clubhouse on its north wall next to the Women's Bathroom.

3.1 Changes to Sailing Instructions: Changes to these sailing instructions will be posted no later than five minutes after the Skippers Meeting on the day of the race.

**4.0 Signals Made Ashore:**

4.1 Signals made ashore will be displayed from the clubhouse race deck flagpole.

4.2 If a postponement is signaled ashore, the warning signal will be made not less than 20 minutes after flag "AP" flag is lowered.

4.3 Lifejackets are mandatory and must be worn at all times while on the water.

**5.0 Schedule of Races:**

Date	Skippers Meeting	First Warning	Final Race
November 9	10:30 AM	11:30 AM	4:30 PM

5.1 Number of Races: Up to 6 races will be sailed on race day.

5.2 First Warning: The first warning per the schedule outlined above in 5.0, is one minute after the AP flag is lowered when on the water.

**6.0 Class Flags:** The class flag for each class will be a letter pennant. Class flags will be posted the official notice board immediately after the Skippers Meeting on the day of the race.

**7.0 Racing Area:** The racing area will be the turning basin and shipping channel for the Port of West Sacramento.

**8.0 The Courses:** A course sheet will be provided to each competitor at the registration table in the clubhouse. The course will be signaled by a number pennant displayed on the RC boat.

**9.0 Marks:**

9.1 Depending on which course sheet is provided on the day of the race, there will be either 3 or 4 primary marks, corresponding to Windward Channel mark (WC), Windward (W), Reach (R), and Leeward (L) each being a yellow ball. If an Offset marks is identified in the course sheet, it will be a small inflatable red ball. All marks to be rounded to port.

9.2 Start/Finish: The Start/Finish line will be between a red ball and an orange flag on the committee boat. The Start line will be situated downwind of the Leeward mark. The Finish line will be situated upwind of the Windward mark

9.3 The start/finish lines are restricted except when starting or finishing.

**10.0 The Start:**

10.1 Races will be started by using rule 26 with the warning signal given 3 minutes before the starting signal. There will be at a minimum, a one-minute delay between starts.

10.2 Boats whose warning signal has not been hoisted, shall avoid the starting area.

10.3 A boat starting later than 3 minutes after her starting signal will be scored DNS

**11.0 The Finish:** The finish line will be between a red ball and an orange flag on the committee boat.

**12.0 Penalty System:**

12.1 Rule 44.1 has been modified. The two-turn penalty is modified to a one-turn penalty (one tack and one gybe).

**13.0 Time Limits:**

- 13.1 If no class finishes within 45 minutes of their start, that race could be abandoned.
- 13.2 Boats failing to finish within 20 minutes after the first boat in their class sails the course and finishes will be scored DNF.

**14.0 Protests and Request for Redress:**

- 14.1 Protests and Requests for Redress Protest forms will be available in the clubhouse and must be delivered to the PRO within the protest time limit.
- 14.2 The protest time limit is 30 minutes after the Race Committee boat returns to the dock. RC will sound a horn upon returning to the dock.
- 14.3 A protest hearing will be scheduled upon submission of the protest form. The protest hearing will be posted on the Notice to Competitors board within 30 minutes of the end of the protest time limit.






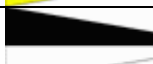
**15.0 Scoring:**

- 15.1 The Low Point Scoring, RRS A4 will be used. There will be 1 throw out for each day of racing if 4 or more races are sailed.
- 15.2 One Design Classes: Designated One-Design classes will be scored separately as a class for the series.
- 15.3 Open Class: Boats not already designated as a One-Design class fleet will be scored using the current Portsmouth Handicap rating.


**16.0 Safety Regulations:** Every boat must have a towline as governed by their class rules.


**17.0 Sail numbers:** Sailboats without sail numbers will not be scored. Boats must use the same sail number throughout the race.


## Lake Washington Sailing Club Course Sheet


Course Flag	Course Number	Sequence of Marks <small>(All marks to port)</small>
	1	START, W, L, FINISH
	2	START, W, R, L, FINISH
	3	START, W, L, W, L, FINISH
	4	START, WC, R, L, W, L, FINISH
	5	START, W, R, L, W, L, FINISH
	6	START, W, L, W, R, L, W, L, FINISH


Signal	Flag Sound	Sound	Time to Start
Warning	Class & Course Flags Raised	1 Short	3:00
Preparatory	P Flag Raised	1 Short	2:00
One-Minute	P Flag Lowered	1 Long	1:00
Start	Class & Course Flags Lowered	1 Short	0:00
Delay	One minute + between starts		1 minute plus


 WC






 Committee Boat

 W

 R

 L

 Committee Boat

	Preparatory (P) ↑ •     ↓ —
	Individual Recall (X) ↑ •
	General Recall ↑ ••     ↓ •
	Postponement ↑•• (over 'H' = return to shore)
	Abandonment ↑ •••     ↓ • (over 'H' = return to shore)



