



2010 Dinghy Delta Ditch – Notice of Race

Saturday August 14th, 2010

The Lake Washington Sailing Club is hosting its 6th annual Dinghy Delta Ditch regatta, a 30 mile race from Rio Vista to Sacramento up the deep water shipping channel. It promises a long downwind run on a flood current pushing the boats up-river to the LWSC clubhouse. Warm water keeps the wetsuit at home and cool delta breezes keep the temperatures in check on this unique race.

Because of the one-directional nature of the race, please read this NOR **carefully and completely** to understand the more complex than usual organization of the event, particularly the schedule for the day and the shuttle. The course is 30 miles long and will take the average dinghy about 6 hours to complete in light to normal conditions. After racing a BBQ party will follow at the clubhouse.

Changes for 2010

For those who have done this regatta before, here are the changes for 2010:

- Timeline changed slightly
- **Flashlight required for safety**
- Starts will be in pursuit order
- Deadlines changed

Rules, Event Classification

This regatta will be governed by the Racing Rules of Sailing 2009-2012, Prescriptions of the US Sailing Association, the Notice of Race and the Sailing Instructions. All class rules for participating classes will apply with the exception of the following: ***GPSes, analog and digital compasses, VHF radios and cell phones are not only allowed but encouraged.***

Eligibility

The regatta is open to all sailing dinghies approximately 19 feet and under in length. Skippers are strongly urged to pre-register in order to ensure T-Shirt and shuttle availability.

Schedule for the Day

- 7:00 a.m. Security available at launching facility
- 9:00 a.m. Vehicles bound for LWSC to catch shuttle need to leave launching facility
- 10:15 a.m. Shuttle leaves LWSC bound for launching facility
- 11:30 p.m. Skippers' Meeting at launching facility (upon arrival of shuttle)
- 1:00 p.m. Start of race
- 5:30 p.m. BBQ begins (first finishers may arrive as early as 4:30 PM)
- 7:00 p.m. Award ceremony (may be delayed if competitive racers are still on the course)

Entry & Fees

The entry fee is \$50 US for single handed boats. For multi-handed boats, there is a \$15 fee for each crew member after the skipper. The entry fee will cover all racing, launching fees, shuttle costs, a t-shirt and BBQ meal for all participants and regatta awards to be presented at the BBQ. Extra BBQ meals can be purchased for \$7. Extra T-Shirts can be purchased for \$15. **The registration deadline is Saturday August 1st.** Registration entry forms must be RECEIVED by this date to avoid a \$10 late-fee and to ensure a T-Shirt as well as to guarantee a shuttle spot.

Scoring and Classes

To qualify for fleet scoring, four class boats must be registered. One-design classes with fewer than four registered by the deadline will be grouped into one of the two Open fleets based on handicap and will be scored using the 2008 Table of North American Portsmouth handicap ratings except the Pelican which will be rated at 117.4 and the West Wright Potter 15 which will be rated at 124.3. There will also be overall scoring using the same ratings.

Trophies and Awards

The awards presentation will be approximately one half hour after the end of the last race on Sunday. Awards will be awarded after the last race as follows:

<i>Fleets with four to six starters</i>	<i>1 award</i>
<i>Fleets with seven or more starters</i>	<i>2 awards</i>
<i>Overall handicapped finishing</i>	<i>3 awards</i>

Pursuit Race Format

Boats will be started according to their handicap so that the first boat to cross the finish line is the overall winner. This will result in a starting sequence that lasts just over an hour. However, because of the possibility of a wind delay, multiple contingencies have been put in place to reduce the starting sequence if necessary. The first option will reduce the start window to 30 minutes by breaking the start into two concurrent pursuit races. The second option will return to a traditional starting sequence if there has been an extended postponement. Details on the pursuit start, the contingency options and how they'll be communicated will be provided in the SI's.

Race Course

The race course will follow the Sacramento Deep Water Shipping Channel. The course will start about 1 mile upstream from the launching facility, just upstream of the Rio Vista Bridge on the Sacramento River. (The raising of the bridge will be coordinated for the regatta.) From the start, the course goes up Cache Slough for approximately 4 miles to the confluence of Prospect and Miner Sloughs, at which point the man-made shipping channel begins. The course covers the remaining 26 miles of the shipping channel to the Port of Sacramento. The finish line will be off the sailing club peninsula on the northern side of the turning basin. See www.lwsailing.org under the Dinghy Delta Ditch regatta link for labeled charts.

Safety

Because this is an unusually long race, we require that each boat take extra precautions to ensure safety. Please observe the following:

- **New for 2010:** Because of the possibility of finishing after dark, each boat must carry a flashlight (white light) with sufficient strength to alert oncoming vessels of your presence, as well as batteries for the flashlight that will last for 4 hours. This will satisfy the US Coast Guard requirements for sailing after dark on a non-powered boat under 23 feet.
- Each boat should bring **1 gallon** of water/fluids for each sailor on the boat for the race.
- Bring sufficient food for each sailor assuming that you will be on the water for 10-12 hours
- Apply copious amounts of sunscreen and bring a bottle for re-application on the water.
- Life vests must be worn by all participants during the entire race.
- 15 foot bowlines of at least ¼" in diameter must be attached for the entire race.
- Emergency (bandages, aspirin, etc.) and repair (line, duct & sail tape, blocks, shackles, etc.) kits on board are encouraged.
- GPSes, analog and digital compasses, VHF radios and cell phones are allowed/encouraged even if they are contrary to class rules.

Vehicle Transportation

Bringing a friend/loved one (heck, if you can find a mortal enemy who will drive for you that works too) to help with transportation is recommended. They will need to drive your vehicle and trailer from the launching facility to the finishing area, the LWSC clubhouse. Bringing this help will ensure that you don't have to make extra trips between the launching facility and LWSC. For those who will not have transportation support, there will be a shuttle provided.

Shuttle Overview:

Participants using the shuttle should drive to the launching facility **5 hours** before the start of the race, leave their boat at the launching facility, drive their vehicle and trailer to LWSC and take the shuttle back to the launching facility before the skippers meeting. See the schedule on the first page for details on the timeline for this. It takes just over an hour each way to drive between the launching facility and LWSC.

Dollies vs. Trailers:

There are two methods one can use to launch their boat and use the shuttle: Using a dolly or ramp launching from a trailer. For the dolly option, sailors should put their boats on their dollies (or on the grass if they are going to share a dolly for launching) when they arrive at the launching facility in the morning. They should then drive their vehicle and trailer to LWSC to catch the shuttle. When they get back to the launching facility, they can launch their boat. To facilitate/encourage dolly launching, after everyone has launched and left the launch site for the starting area, the LWSC staff will load all of the dollies onto a truck and take them to LWSC while the race is in progress. For the trailer option, sailors should ramp launch their boats and leave them docked in the water. They should then drive their vehicle and trailer to LWSC to catch the shuttle. To repeat: using a dolly to leave your boat at the launching facility is encouraged because of the limited dock space.

Shuttle gotchas:

- **Leave launching facility on time:** It is critical for the event that all participants using the shuttle leave the launching facility by 9:00 AM for us to be able to start the race at 1:00 PM. Please arrive at the launching facility early enough to make all needed boat preparations before leaving at 9:00 AM. The shuttle will leave LWSC at 10:15 AM to return to the launching facility.
- **Bags and covers:** Please note that because you will have parked your vehicle at LWSC, you need to make sure you only leave that which you intend to bring with you on your boat at the launching facility when you drive to LWSC. Be careful for covers (boat, spar, blades, etc.) and bags. We can probably carry one small duffel bag per person (for a change of clothes or something) along with the dollies from the launching facility back to LWSC, but no more.
- **One shuttle seat per boat:** Only one crew member should drive their vehicle to LWSC because only one spot will be provided on the shuttle for each competing boat.
- **Make sure to check out from launching facility:** Since we don't want to leave anyone behind, make sure you check-out from the registration table at the launching facility before driving to LWSC for the shuttle. We will be using the check-out list to make sure we don't leave anyone behind.
- **Wait for the shuttle on the clubhouse deck:** The shuttle will pick up people from the LWSC clubhouse deck. Please don't make us find you.

Driving directions

Here is a summary of how to get to both the launching and finishing areas. See www.lwsailing.org under the Dinghy Delta Ditch regatta link for detailed information and pictures for each route:

Directions to launching facility from Sacramento area:

- Take I-5 South out of Sacramento.
- Take the W. Walnut Grove Rd. exit.
- Take a right at the base of the off-ramp.
- Follow that road for approximately 4 ¼ miles.
- In the town of Walnut Grove, cross the bridge (signs point to Hwy 160).
- Once across the bridge take a left onto Hwy 160.
- Follow Hwy 160 for approximately 14 miles until you reach Hwy 12.
- Take a right onto Hwy 12 and cross the bridge into Rio Vista.
- After crossing the bridge take the off-ramp to the right onto River Rd.
- Take the first right onto Front St.
- When Front Rd. ends, take a right onto Hamilton Ave.
- When Hamilton ends, take a left onto S 2nd St.
- Take the first left onto Marina Dr. and follow it to the river's edge.
- This trip will take approximately 1 hour from downtown Sacramento.

Directions to launching facility from Bay Area:

- Take I-80 East or I-680 North to Hwy 4 East.
- After approximately 30 miles from I-80 or 17 miles from I-680, turn onto Hwy 160 North.
- After approximately 12 miles take a left onto Hwy 12 and cross the bridge into Rio Vista.
- After crossing the bridge take the off-ramp to the right onto River Rd.
- Take the first right onto Front St.
- When Front Rd. ends, take a right onto Hamilton Ave.
- When Hamilton ends, take a left onto S 2nd St.
- Take the first left onto Marina Dr. and follow it to the river's edge.
- This trip will take approximately 1 hour from Richmond (for those used to sailing out of RYC).

Directions to LWSC clubhouse from launching facility:

- Exit Delta Marina Yacht Harbor and take a right onto S 2nd St.
- Take a left onto Main St.
- Take a right onto Hillside Terrace (towards the big signal light)
- Take a left onto Hwy 12
- Take a right onto Hwy 113 after just under 7 miles
- When Hwy 113 dead-ends into I-80, follow the signs to Sacramento to enter I-80
- Exit I-80 just after crossing the Yolo Causeway at the West Capital/Enterprise after 15 miles
- Take a right onto Enterprise at the base of the off-ramp
- Take a left onto Industrial Blvd.
- Take a right into the yellow iron-rod gate after 1.3 miles
- Travel approx. 25 yards and turn right onto a paved road.
- Follow the road through the port until it ends and turn right on to the road to the clubhouse.
- This trip will take a little over an hour.

Launching facility and amenities

The launching facility is Delta Marina Yacht Harbor. Its address is 100 Marina Drive, Rio Vista, CA 94571. They can be reached by phone at (707) 374-2315. Their website address is <http://www.deltamarina.com/>. They have lots of parking and a small chandlery/grocery store/bait shop for loading up on supplies. All boat launching will be done from a ramp. They have a fair amount of dock space. See pictures of the launching facilities at www.lwsailing.org under the Dinghy Delta Ditch regatta link.

LWSC clubhouse facilities and amenities

Located in the Port of Sacramento, LWSC's facilities include a clubhouse with a large covered deck, grass area with picnic tables, a launch ramp and an 800 lb. capacity hoist. It is your typical Sacramento delta clubhouse, full of good times, music, food, and good sailing. We have numerous parking spots for vehicles with trailers. There are no shops or stores inside the port or our facilities (remember that food and soft drinks will be provided at the BBQ). All family or friends (or the mortal enemy you talked into driving) who will be supporting you during the event are welcome to come to the clubhouse after the race starts to relax for the duration of the race. However, there are many attractions in Sacramento. See the below list:

Local Attractions

- The State Capital (<http://capitolmuseum.ca.gov/english/index.html>)
- Sutter's Fort (http://www.parks.ca.gov/?page_id=485)
- Old Sacramento (<http://www.oldsacramento.com/>)
- Sacramento Zoo (<http://www.saczoo.com/>)
- Fairytale Town (<http://www.fairytaletown.org/>)
- Raging Waters, Sacramento (<http://www.rwsac.com/>)
- Various Museums: (<http://www.sacmuseums.org/>)
 - The California Railroad Museum (<http://www.csrnf.org/>)
 - Crocker Art Museum (<http://www.crockerartmuseum.org/>)
 - California Military Museum (<http://www.militarymuseum.org/>)

See www.lwsailing.org under the Dinghy Delta Ditch regatta link to see a more detailed listing.

Local Accommodations

LWSC site has no overnight accommodations, and it is not affiliated with any lodging provider. However, here are some very close accommodations to consider if you require lodging:

[Best Western Harbor Inn - West Sacramento](#)

1250 Halyard Drive, West Sacramento, CA 95691

[Extended Stay America - West Sacramento](#)

795 Stillwater Road, West Sacramento, CA 95605

[Holiday Inn Express - West Sacramento](#)

2761 Evergreen Avenue, West Sacramento, CA 95691

[Motel 6 West Sacramento](#)

1254 Halyard Drive, West Sacramento, CA 95691

[Koa Campgrounds](#)

3951 Lake Rd., West Sacramento, CA 95691-3487 (916) 371-6771

Contact Info

Phone: (916) 772-4763 (home phone of PRO)

Email: dinghydeltaditch@lwsailing.org

Web Site: <http://www.lwsailing.org> -> contains updated NORs, tentative SIs and directions.



2010 Dinghy Delta Ditch Entry Form

Skipper name: _____ T-Shirt size: _____

Crew names: _____ / _____ T-Shirt sizes: ____ / ____

Shuttle Option: Using I have alternate transportation

Boat type: _____

Sail Number: _____

Address: _____

City: _____, State: _____ Zip: _____

Phone: (____) ____ - _____

Email: _____

Yes **No** Select Yes to receive occasional e-mails about LWSC events for the next 2 years. You can remove yourself at any time at www.lwsailing.org. Select No to decline to receive e-mails.

Registration: \$ 50

Crew: (\$15 ea.) \$ _____ (Covers t-shirt & meal for crew)

Extra shirts (\$15 ea.) \$ _____ (Sizes: _____)

Extra meals: (\$7 ea.) \$ _____

Late Fee: (\$10.) \$ _____ (After August 1st)

Total: \$ _____

(Includes launching fees, shuttle, parking & BBQ)

The undersigned acknowledges that the competition in which he/she has entered is dangerous and assumes all risk of accident, loss of property or loss of life. The undersigned acknowledges that the decision to start and/or continue racing is the sole and exclusive responsibility of the undersigned. In consideration of the acceptance of this entry, the undersigned hereby releases and forever discharges the Lake Washington Sailing Club, their directors, officers, members, employees and volunteers, from liability for any and all loss, damage, or injury to person or property resulting from his/her participation in the 2010 Dinghy Delta Ditch. The undersigned agrees to be bound by all US Sailing Racing Rules of Sailing and abide by all LWSC, class or association rules and regulations.

Skipper's Signature: _____ Date: _____

Parent's Signature (if minor): _____ Date: _____

Mail this entry to:
Lake Washington Sailing Club
P.O. Box 980546
West Sacramento, CA 95798

Official Use Only		
Cash Received: _____	Check Received: Amount _____	Check #: _____
Person Receiving Entry: _____		