

Lake Washington Sailing Club

Sailing Instructions for Lake Washington's Midwinter Regatta 2008

1.0 Rules

1.1 The regatta will be governed by the rules as defined in the 2005-2008 Racing Rules of Sailing.

1.4 The Racing rules will be changed as follows:

40.1 - When flag "Y" is displayed ashore, rule 40.1 applies at all times while afloat.

44.2 - The two-turn penalty is modified to a one turn penalty (one tack and one gybe).

A4 - A boat starting later than 3 minutes after her starting signal will be scored DNS

35 - Boats failing to finish within 20 minutes after the first boat in their class sails the course and finishes will be scored DNF.

2.0 Registration: On each day of racing; registration begins in the clubhouse at 9:00a.m.
Registration ends at 10:00 a.m.

3.0 Notices to Competitors: Notices to competitors will be posted on the official notice board located outside the clubhouse on its east wall.

3.1 Changes to Sailing Instructions: Changes to these sailing instructions will be posted before 10:00 on the day of the race; on the official notice board.

4.0 Signals Made Ashore:

4.1 Signals made ashore will be displayed from the clubhouse race deck.

4.2 Flag "R" with one sound means the warning signal will be made not less than 15 minutes after flag "R" is displayed.

4.3 When flag "Y" is displayed ashore, rule 40.1 applies at all times while afloat.

5.0 Schedule of Races:

5.1 Date of the races is January 26, February 23, and March 22 2008.

5.2 There will be a competitor's meeting on the day of the regatta at 10:00 AM at the clubhouse.

5.3 Number of Races: Up to 6 races may be sailed.

5.4 First Warning: The first warning will be at 11:00 AM

5.5 Lunch Break: Racing may be postponed for a lunch break. It is the intent of the race committee to run three races before lunch.

6.0 Class Flags: The class flag for each class will be a letter pennant. Class flags will be posted before 10:30am on the day of the race.

7.0 Racing Area: The racing area will be the turning basin and shipping channel for the Port of Sacramento and Lake Washington.

8.0 The Courses:

8.1 A course sheet will be provided to each competitor before 10:30 on the day of the race. The diagram and table on the course sheet show the courses for this regatta.

9.0 Marks:

9.1 There will be 3 primary marks, corresponding to Windward (W), Reach (R), and Leeward (L) each being a large inflatable yellow cylinder. Offset marks may be placed; each being a small inflatable red cylinder. All marks to be rounded to port.

9.2 Start Line: The Start line will be between a red ball and an orange flag on the committee boat.

9.3 The start/finish line is restricted except when starting or finishing.

11.0 The Start:

11.1 Races will be started by using rule 26 with the warning signal given 3 minutes before the starting signal.

11.3 Boats whose warning signal has not been made shall avoid the starting area.

11.4 A boat starting later than 3 minutes after her starting signal will be scored DNS

12.0 Change of the next leg of the course:

12.1 To change the next leg of the course the race committee will move the original mark (or the finishing line to a new position.

13.0 The Finish: The finish line will be between a red ball and an orange flag on the committee boat.

14.0 Penalty System

14.1 The two-turn penalty is modified to a one turn penalty (one tack and one gybe).

15.0 Time Limits

15.1 If no boat finishes within 45 minutes; that race will be abandoned.

15.2 Boats failing to finish within 20 minutes after the first boat in their class sails the course and finishes will be scored DNF.

16.0 Protests and Requests for Redress

16.1 Protest forms will be available in the clubhouse and must be delivered there within the protest time limit.

16.2 The protest time limit is 30 minutes after the Race Committee boat returns to the dock.

16.3 A protest hearing will be scheduled upon submission of the protest form and posted on the Notice to Competitors board. Within 30 minutes of the protest time limit.

17.0 Scoring

17.1 The Low Point Scoring, RRS A4 will be used. There will be 1 throw out for each day of racing if 4 or more races are sailed.

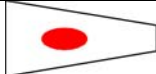





17.2 One Design Fleets: Classes having 3 or more entries per race day will be scored separately as a fleet.

17.2 Open Class Fleet: A boat not competing in a one-design fleet will be scored via the current Portsmouth Handicap in an open class fleet.

18.0 Safety Regulations: Every boat must have a towline at least 3/16" diameter at least 15 feet in length.

Lake Washington Sailing Club

Course Sheet:

Course Flag	Course Number	Sequence of Marks
	1	START, W, L, FINISH
	2	START, W, R, L, FINISH
	3	START, W, L, W, L FINISH
	4	START, W, R, L, W, L FINISH
	5	START, W, R, L, W, R, L FINISH
	6	START, W, L, W, R, L, W, L FINISH

Signal	Flag Sound	Sound	Time to Start
Warning	Class & Course Flags Raised	1 Horn	3 minutes
Preparatory	P Flag Raised	1 Horn	2 minutes
One-Minute	P Flag & Course Flag Lowered	1 Long Horn	1 minute
Starting	Class & Course Flags Lowered	1 Horn	0 minutes



Alpha



Bravo



Charlie



Delta








Echo






 W

 R

 - - - -  Committee Boat

 I.

	Preparatory (P)
	Individual Recall
	General Recall
	Postponement
	Abandonment

	Preparatory (P)
	Individual Recall
	General Recall
	Postponement
	Abandonment