

# Lake Washington Sailing Club



## Newsletter



Winter 2008

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### From the Commodore



#### LWSC is setting sail for a great 2008

*Richard Leijonflycht*

This year is off to a good start. Our three major regattas, the monthly barbecues and the open house are all scheduled, and preliminary work is already in progress. The Midwinter races are being well-run, thanks to Roy Pitts, our sailing officer.

We have an exciting new women's sailing program being developed under Debbie Glovin's leadership. Thanks, Debbie – this is a real enhancement for the club's members. There is more information elsewhere in this newsletter. Guys, please pass this information to your other half!

The big storm in January severely damaged our oldest dock sections, requiring replacement. Ken Collier, our port captain, will be building replacements this spring. Anyone interested in helping on this project should contact Ken at (530) 753-5272 or Richard at (530) 756-1191. Lots of help will make the project quick and easy.

The club has been given a Lido 14, and the Board is now trying to develop ways to make the boat available for day sailing and lessons.

Finally, a special thanks to this year's Board members for all the help they are giving to the club. Our newest members are working hard. Sailing Officer Roy Pitts is really putting together a good racing program and has brought our water safety up to speed with rescue training led by an ex-Navy SEAL, no less. Ken Collier is dealing effectively with the ongoing maintenance of the facility and boats. He has equipped the boats and marks with anchors that should hold in any weather and has drawn up plans for the new docks. Ken Crawford, returning as communications officer, almost immediately had to deal with our Web site going off line. Thanks for your help there, Ken.

Thanks also to returning officers Gordon Christianer, who keeps our toes to the deadlines; Richard Glovin, our treasurer, who makes sure we are solvent; Vice Commodore Steve Fishman for getting new members and keeping old ones; and past Commodore Ryan Schofield, who continues to help in many ways. A special thanks to Chris Hernandez, who has agreed to return this year as Hospitality co-chairman.

### From the Vice Commodore



#### Keeping up-to-date with the club

*Steve Fishman*

With over 90 members, as vice commodore, it's my duty to keep the roster and the information in the roster up to date; this includes the recording of work hours. Each member is responsible for monitoring their work hours on the Web site. If your hours are not recorded, please e-mail me with your request.

You should be receiving regular e-mails from me for the club. If you are not receiving e-mails or you want to add more addresses, you should drop me a note at [sfishman@saccanidist.com](mailto:sfishman@saccanidist.com).

Congratulations to the new members of the Board. New members provide a spark to the new year. Ken Collier is the port captain, Roy Pitts is the sailing officer, Jack Vaughn is the newsletter editor, and Ken Crawford is the webmaster. If you want to get a good description of their duties, go to our Web site and click on the "welcome" button; near the bottom are the club's bylaws.

In the coming few weeks, you will be receiving e-mails asking for volunteers for the boat show, the open house and the Jazz Cup. Thanks for your support, and let's have fun!

#### Midwinters No. 1: Leading the way

Here are the results of the Jan. 26 races that kicked off LWSC's Midwinter Regatta 2008. Looking forward to the Midwinters No. 2 races at 10 a.m. Feb. 23 and the final Midwinter on March 22, both at the club. Come on out – the water (like the wind) is fine!

##### Open Fleet:

1) Brian Schyberg; 2) Richard Leijonflycht

##### Sunfish Fleet:

1) Bryant Bowington; 2) Dave Candey; 3) John Berby

##### C-15 Fleet:

1) Ryan Schofield; 2) Don Hare; 3) Russell Odink

## From the Treasurer



### Sound finances – and challenges

*Richard Glovin*

As members of the club, all of you have an interest in the financial health of our organization. In short, we're in good shape. We have sufficient reserves to operate for approximately one year without any additional funding.

However, we are facing new and expensive challenges. We must undertake both capital projects (big-ticket items for repair and maintenance) and new monthly obligations.

Our potential capital projects in the near future include our docks, reinforcing the hoist, and maintaining and repairing the clubhouse (which in some instances will be substantial). We also contribute to the Outboard Club's maintenance of the concrete ramp. All of these tasks take both physical effort by the membership and financial commitment. Since we probably can't afford to do all of the projects, the Board can use your input to prioritize them.

Our monthly, ongoing obligations are not yet fixed. As many of you know, the Port is charging us for power. Although the amount is still being negotiated, the charges are inevitable, and the obligation will likely continue as long as the Club is at the Port. We will now be contributing a monthly amount to the Rowing Club for trash pickup. Although this is a relatively minor fee, it is new, and must be addressed in future budgets.

Your club is in good financial shape. To provide the services, facilities and safe environment we all want, we must look forward, prioritize our financial tasks and execute our plans. Everyone's input is valuable to make those plans a reality.

### How to get those work hours

Please remember that each member has an obligation to help the club with 12 work hours a year or, alternatively, paying \$10 for each unworked hour.

What counts as work time? Almost anything. As a committee member (race, hospitality or port captain's), it is easy to meet or exceed the requirement. Currently we especially need help on the Hospitality Committee and help building new docks. Please contact Richard at (530) 756-1191 or [rhleijon@pacbell.net](mailto:rhleijon@pacbell.net) if you can help with these activities. Remember, the membership year ends June 30!

— Richard Leijonflycht,  
*Commodore*

## From the Sailing Officer



### We're off to the races

*Roy Pitts*

The new sailing year is off to a great start.

The Race Committee is up and running. We conducted our first mark boat training

class in January and now have three mark boat crews qualified. The mark boat serves a valuable function during our races. It sets and adjusts the marks and "rescues" overturned boats. The training includes classroom and on-the-water practice assisting overturned boats.

If you missed our January training and you would like to join the race committee, come out for the next training session on Saturday, March 15<sup>th</sup>, from 11 a.m. to 3 p.m. at the clubhouse. E-mail me or call if you would like to participate or just show up and watch the fun.

**More on the Race Committee.** We are also looking for start/finish boat personnel for our races. The start/finish boat is the best seat on the race course. We will teach you how to run the countdown timer, work the signal flags and keep score. It's really easy to learn, and you can count the training toward work hours.

**Cold-water sailing.** Please remember when you are out at the lake to dress for the water temperature and not the air temperature. This time of year, the weather and winds are perfect for getting out and practicing for the coming season. However, the water temperature is still in the low 50s. Leave the cotton blue jeans and sweat shirts for after sailing. Nylon and polypropylene in layers is a good choice. If you are the only one on the lake, use a little more caution. If you go into the water, get your boat back up right away. If that fails, get on top of your boat and wait for it to drift to shore. The important thing is to get your body out of the water.

**Midwinter Regatta.** The Midwinters are off and running. We had great weather and wind for the first race of the series. Hook up your trailer and get on the water for the next race on Feb. 23.

### UCD Sailing Program

A number of students at UC Davis are trying to start a sailing program with Lake Washington as their venue. They need help in persuading the UC Davis administration to approve their program. Members with ideas on how to help are urged to contact Richard at (530) 756-1191 or [rhleijon@pacbell.net](mailto:rhleijon@pacbell.net).

— Richard Leijonflycht,  
*Commodore*

## LWSC Calendar of Events

### January

- 26 LWSC Midwinters #1  
First in a series of three races held on the last Saturday of January, February and March

### February

- 23 LWSC Midwinters #2 — Second midwinter race

### March

- 22 LWSC Midwinters #3 — Last midwinter race

### April

- 5 Spring Work Day -- Spruce the place up
- 26 Open House--Public is invited to check out our club and go for a sail

### May

- 1 Thursday evening racing
- 4 BBQ & sailing with friends and family on/about the second Sunday through September
- 8 Thursday evening racing
- 15 Thursday evening racing
- 22 Thursday evening racing
- 29 Thursday evening racing

### June

- 5 Thursday evening racing -- Summer Series (Thursday evening "beer can" racing through August)
- 12 Thursday evening racing -- Summer Series (Thursday evening "beer can" racing through August)
- 14 BBQ & sailing with friends and family
- 19 Thursday evening racing--Summer Series (Thursday evening "beer can" racing through August)
- 21 Jazz Cup--Annual Regatta moved from May
- 22 One Design Spring Regatta--TBD
- 26 Thursday evening racing--Summer Series (Thursday evening "beer can" racing through August)

### July

- 3 Thursday evening racing--Summer Series (Thursday evening "beer can" racing through August)
- 4 BBQ & Sail at the Port—West Sac Historical Society
- 10 Thursday evening racing--Summer Series (Thursday evening "beer can" racing through August)
- 17 Thursday evening racing--Summer Series (Thursday evening "beer can" racing through August)
- 20 BBQ & sailing with friends and family
- 24 Thursday evening racing--Summer Series (Thursday evening "beer can" racing through August)
- 31 Thursday evening racing--Summer Series (Thursday evening "beer can" racing through August)

It's best to check our Web site calendar regularly for updates and exclusive use days. We share the Lake Washington peninsula with the Outboard Motor Club, the River City Rowing Club and the UCD Rowing Club. Each of the four clubs hosts several events throughout the year, and when there is a major event such as our Open House, the club will ask for an exclusive use day to ensure they have the entire peninsula for themselves. So it's wise to check the calendar before hitching up.

— *Gordon Christianer,*  
*Secretary*

### August

- 2 Dinghy Delta Ditch Regatta--30-mile race up the shipping channel from Rio Vista to LWSC
- 7 Thursday evening racing -- Summer Series (Thursday evening "beer can" racing through August)
- 10 BBQ & Sail with friends and family
- 14 Thursday evening racing -- Summer Series (Thursday evening "beer can" racing through August)
- 21 Thursday evening racing -- Summer Series (Thursday evening "beer can" racing through August)
- 28 Thursday evening racing -- Summer Series (Thursday evening "beer can" racing through August)

### September

- 14 BBQ & Sail with friends and family

### October

- 11-12 One Design Regatta--TBD
- 19 BBQ & Sail with friends and family
- 25 Fall Work Day--Spruce the place up

### November

- 9 Turkey Shoot Regatta—Win a turkey (or be a turkey)

### December

Sailing Holiday

### **It's time for springtime trailer maintenance**

It's no fun to miss a sailing date due to frozen wheel bearings. Now is the time to take the wheels off, clean or replace the bearings, gook 'em up with grease and make sure the seals are in good shape.

Then you're ready for that first warm day of sailing with no concerns for the rest of the year. While you're at it, check your tire pressure. Underinflation is the most common cause of trailer tire trouble.

— **Gordon Christianer**



## C-15 Fleet Report: The excitement of dinghy racing

I'm very excited about the past and future of dinghy and C-15 racing in Sacramento. This past year, Dave Rumbaugh, a member of our local C-15 Fleet 20, won the Camellia Cup and the overall season series. He also won the national championship at Long Beach! Wow – now, that is quite an accomplishment and a resource to have here in Sacramento. I feel that the whole fleet is partially responsible for the overall level of competition.

I continue to see more racers migrating from keelboats to smaller dinghies. In one-design dinghy fleets, when you cross the finish line, you know you're finishing in order. The fleets are more competitive, and to fix a problem on a dinghy is less expensive. It's easier to get your boat up to speed. You can afford to buy sails. Storage is rarely an issue. Racing dinghies are the purest form of racing: Every misstep in boat handling, tactics, sail shape or boat prep quickly shows up in the results. Moreover, dinghy sailors are less pretentious and accept new racers with open arms and hearts. Finding a crew can lead to great friendships! We can camp, play games and make fun of each other, but when the flag is lowered, it's on!

I can honestly say that I'm making great friends while learning how to race my C-15. The racing has become so fantastic that the very smallest of details can win the race.

We need to continue to promote sailboat racing in Sacramento; with a little advertising and fleet organization, I'm amazed at the interest. We need to publicize our fleet as much as possible. One way is to attend the Sacramento boat show with fliers in March. We should also attend RYC's Sail a Small Boat Day.

Thanks for your participation in our fleet. Let's have fun!

— Steve Fishman, *fleet captain*

## Lido 14 Fleet Report:

### We're growing



The weather has been a real blow to our sailing activities this winter, so there's not much to report. However, our fleet continues to grow...

Welcome to our new members, Robin Hobart and Kate Butler, #122; and David Triche and Maga Jackson-Triche. This brings us to 30 boats, plus a non-member boat.

Richard Leijonflycht found an almost-free (it cost him a couple bottles of wine) Lido a couple of weeks ago ... and it's worth every drop of it. With the Board's approval, Richard wants to use it as a club boat. We can fix it up a bit, and members of the club can check it out for a day of sailing.

Speaking of boats, Mike Pascual is the proud owner of a gorgeous yellow Lido 14. The boat, #5033, is the newest

classic in the club. He says it's faster and lighter than his old boat, and watching him at the Turkey Shoot, it seems that he has taken her name, "Fearless," to heart. By the way, the boat cover that came with it is the envy of everyone in the fleet. Harris Hartman's #4821 was in the shop for what seemed like ever. He's finally got it back. We can't wait to see it out on the water.

And if sailing wasn't in the offing, good food and socializing was. Kathy Hebbeler hosted a potluck at her beautiful home recently. Everyone had a great time sharing sailing stories and, best of all, delicious food and mouth-watering desserts.

— Gordon Christianer, *fleet captain*



## Thistle Fleet Report: Goals for 2008

A new year is here, and the LWSC Thistle Fleet is looking forward to an active year of sailing. This year's fleet has set the following goals:

- Become one of the club's most active fleets.
- Grow the fleet.
- Develop and implement a program that will introduce and train new potential crew to race on a Thistle.
- Boost participation with Sacramento Thistle Fleet 97.

Currently, we have six boats in the club's Thistle Fleet. This is up from two boats last year. This year, we hope to add four to six more Thistles to our fleet. Hopefully, by the time you receive this news article, we will have posted on the LWSC Web site, within the "Fleet" link, a calendar of Thistle events as well as a roster of the Sacramento Fleet 97 members.

As mentioned above, we plan to develop a crew/racing program that will train potential crew to race on a Thistle. A tentative date for this event has been set for April 20. If you are interested in participating, please contact Dan Clark at (916) 204-6361 or preferably by e-mail at [clark3347@yahoo.com](mailto:clark3347@yahoo.com).

— Dan Clark, *fleet captain*



### Turning turtle, without water!

**From Stacy Williams:** This is the result of the 70 mph wind gusts that hit us a month ago. The wind just picked my Lido up and flipped it over. Luckily it was a soft landing – no visible harm done.



## Sunfish Fleet Report: Moving and growing

Five Sunfish sailed the Turkey Shoot in November 2007, and three Sunfish registered in the LWSC Midwinters on Jan. 23.

This sums up the fleet: We are moving and growing. In 2008, we will be involved in club activities and member development. First up is the LWSC Midwinter series (two are left, Feb. 23 and March 22), then the spring work day (April 5) and, of course, the April 26 LWSC Open House.

The fleet is now working out our regatta circuit with the Northern California Fleet, to do some travel regattas, such as the Gold Country Go for the Gold, in addition to the LWSC Solstice Cup, the Delta Dinghy Ditch Run and the Turkey Shoot.

The Sunfish Fleet of Northern California is planning to be a participating fleet at the Richmond Yacht Club's March 1 Sail a Small Boat Day. Hope to see a few other LWSC members at this fun daylong event, where you can catch rides on many different boats and take a few out yourself. On April 26, the Sunfish Fleet will be represented at the LWSC Open House and will welcome club members to sail a demo boat if you have not already bought your own.

— **Bryant Bowington**,  
*fleet captain*



## Laser Fleet Report: Keeping the fleet strong

As far back as I can remember (for you old-timers, I know that I've only been around for four years), the Laser fleet has been the envy of the club. As the Laser Fleet captain, it is my responsibility to keep it that way. I can't do it by myself, though. We all need to work together to keep the Laser Fleet strong. The Laser is one of the most popular boats in the world. It's an Olympic-class boat, and it's just plain fast and fun.

In my last letter, I talked about the physical conditioning required to sail the Laser at its limits. This is a big reason many people sail Lasers; it motivates you to stay fit. Another reason I often hear is that because the rules are so strict, it's never the boat or equipment that decides the outcome of a regatta. It's simply sailor against sailor.

So when you're trying to decide whether or not to show up for that next regatta, think back and remember how much fun you had, and what a good workout it was, the last time you rigged up your Laser and went "mano a mano" against the rest of us at Lake Washington, or any other place for that matter. Here are a few regattas you

might want to put on your schedule:

**LWSC Midwinters**, Feb. 23 and March 22.

**LWSC Thursday evening series**, starting May 1.

**LWSC Jazz Cup**, June 21.

**LWSC Dinghy Delta Ditch**, Aug. 2.

**Richmond Yacht Club Small Boat Midwinters**, March 2.

**St. Francis Yacht Club Spring Dinghy Regatta**,  
March 8-9.

**Richmond Yacht Club Big Dinghy Regatta**, March 29-30.

North Americans in **San Francisco**, July 24-27.

Pacific Coast Championship in **Monterey**, Aug. 1-3.

See you on the water.

— **Brian Schyberg**  
*fleet captain*

## Hospitality Committee Report

The Hospitality Committee met for the first time in 2008 on Feb. 7 at the clubhouse. For 2008, the committee will be co-chaired by Chris Hernandez and Bryant Bowington, meeting the first Tuesday of each month.

New committee members are welcome and encouraged; spouses of the members are also welcome. In 2008, the Hospitality Committee will be helping entertain the membership at the LWSC Solstice Cup, the Delta Dinghy Ditch Run, the Turkey Shoot and the annual meeting, and will sell refreshments at the Open House. Members of the committee don't need to attend the monthly meeting but are encouraged to do so.

It was decided that for the BBQ sail day events, we would continue the very successful side-dish potluck, with members providing their own main dish to BBQ. The host fleet may request a Hospitality Committee member to consult if necessary.

— **Bryant F. Bowington**,  
*committee co-chairman*

## Women's Sailing Program

Attention, women sailors! The Lake Washington Sailing Club is proud to announce a women's sailing program that will cover topics ranging from basic sailing and rigging to basic racing. A dedicated group of women sailors has been meeting during the dark days of winter to formulate a fun and educational time.

We plan to hold the sessions early in the sailing season but have not finalized the schedule

Watch the Web site, [www.lwsailing.org](http://www.lwsailing.org), for the program agenda, dates and other information.

Thanks.

— **Debi Glovin**

## Skippers needed

I will be looking for a skipper for LWSC, Richmond Yacht Club and Folsom Lake Yacht Club events for my Bucc 18, or would like to crew for someone on a Coronado 15 or Thistle. Also. I would like to participate in the Trans Folsom on my Columbia 23; I have crew, just need a skipper.

Of a more immediate nature is my search for a skipper for the San Diego NOOD regatta, which is Saturday and Sunday, St. Patrick's Day weekend. The Buccaneer Class has been invited to the San Diego NOOD yearly since 2006. I can be reached at (530) 903-0171 or (530) 644-3258.

— Carole Vaillancourt

## For sale

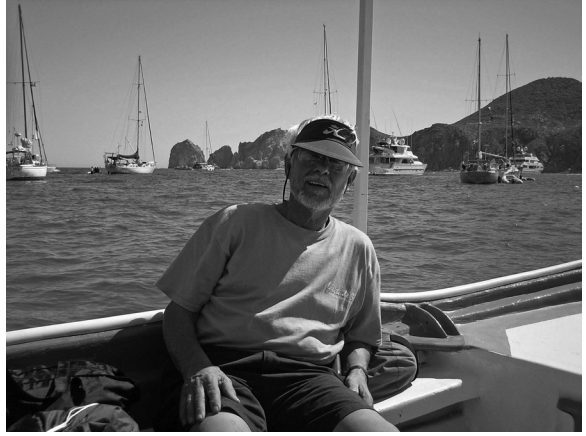
Laser for sale. All of the 2000 upgrades except vang, including recently new sail. ready to race. No trailer. \$1,500. Contact Brian Schyberg at (916) 419-5638 or [brian.schyberg@nmail.com](mailto:brian.schyberg@nmail.com).

Lido 14 and trailer for sale; asking \$500. The Lido is ready to sail. Contact Michael Pascual at (916) 454-0757.

Daysailer I with trailer for sale. Very good condition, ready to sail. \$1,500. Call Dave Triche, (916) 335-6838.



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### **Jerry has the last laugh**

LWSC Banshee sailor Jerry Ward is the picture of triumph in Cabo San Lucas last November after he and his crew (of three at first, later two due to former LWSC member David Love's cracked rib) aboard a Hunter 36 won their division in the Baha Ha Ha race. Nice sailing, Jerry!